

**Edith Nourse Rogers Memorial  
Veterans Hospital  
DONATION OPPORTUNITIES  
FY 2011**

There is a certain satisfaction which comes from giving unselfishly so that others' lives might be happier. Here at the Bedford VA Hospital, contributions by donors have been invaluable in perpetuating the high quality of care to which our patients are entitled.

With the structure of today's economy and increasing demands on time, it is especially important to remember the hospitalized veterans at this facility. Information has been provided on the following pages regarding some of the special needs and interests of our patients.

**All monetary and tangible donations should be coordinated through the Voluntary Service Office. Tangible donations, in particular, need to be coordinated in advance.**

**Chief, Voluntary Service (135)  
Edith Nourse Rogers Memorial Veterans Hospital  
200 Springs Road  
Bedford, MA 01730  
Phone (781) 687-2352 or 687-3076**

Also, if you would like more information on any of the donation suggestions listed, please feel free to contact me. I would be happy to meet with individuals or groups to discuss current patient needs.

Checks should be made payable to "Bedford VA Hospital" for all monetary donations. Please specify the account you wish to support in the lower left-hand corner of the check and/or in an attached note. Voluntary Service will acknowledge your donation in writing. **Please include any special instructions for acknowledgement at the time of donation. Memorial donations will be acknowledged to the donor and the next of kin.**

Donors help to make it possible for our hospitalized veterans to enjoy a better quality of life by supporting the numerous patient care programs provided at this VA Hospital. Thank you for your concern and interest for our patients at Bedford.

Sincerely,

JOSEPH DOOLEY  
Chief, Voluntary Service

## PATIENT WISH LIST

### PLEASE NO TRAVEL SIZE HYGIENE PRODUCTS

We no longer need Afghans, books, cell phones, toothbrushes, razors, VCR tapes, or playing cards

We do not accept medical equipment.

### \*\*\* GENERAL NEEDS \*\*\*

- Full sized fleece blankets.
- Envelopes (stamped), writing paper, notebooks,
- Craft supplies, crayons, colored pencils, markers, coloring books, and drawing paper
- Canteen Coupon Books; these are available for purchase in \$1.00 denominations at the Veterans Canteen Service. Call ahead to arrange for purchase 781-687-2413. Checks payable to: Veterans Canteen Service.
- Books on CD
- CD/Radio players, portable CD players, music
- Men's clothing (Large, XL, & XXL); **NEW** Sweatpants/Sweatshirt outfits. Suitcases or large carry all/overnight bags for veterans who are being discharged. Please check with the Clothing Room (781-687-2397) for prior approval of donation of these items.
- 30 or 60 minute telephone calling cards

### \*\*\* PERSONAL COMFORT ITEMS \*\*\*

- Generic:** Deodorant, shampoo, toothpaste, denture cleaner, body wash, hand soap, shampoo, conditioner, lotion, powder
- Men:** Electric razors (rechargeable, **NEW ONLY**), electric pre-shave lotion, aftershave lotion, shaving cream **NEW** clothing; white socks, underwear, sweaters, cotton sweatshirts, washable slippers, sneakers with velcro laces
- Women:** Hand and body lotion, hair dryers, hair brushes, **NEW** clothing; knee socks, underwear, washable sweaters, sweatpants, sweatshirts jogging or warm up suits, washable slippers

### \*\*\* SEASONAL ITEMS \*\*\*

- **Fall/Winter items** – Both men and women; winter jackets, fleece jackets, winter hats, gloves, sweaters, sweatshirts, sweatpants, (medium, large, extra large and XX large sizes)
- **Spring/Summer items** – Both men and women; spring jackets/windbreakers, jeans, trousers (Dockers), baseball hats, belts, colored T-shirts, Polo Shirts, walking shorts, sneakers

## \*\*\* SPECIAL NEEDS \*\*\*

On occasion, patient wards will send requests for special needs for their areas. These may include requests for TV's, stereos, portable CD Players, adapted equipment and the like. Feel free to contact the Veterans Affairs Voluntary Service (VAVS) office to inquire about any special needs.

## \*\*\* VA VOLUNTARY SERVICE COMMITTEE SPECIAL PROJECTS \*\*\*

Our local VAVS Committee undertakes special projects on a regular basis. They have provided a low floor recreational vehicle "Mini-Train", special Hospital beds, a Health Information Kiosk, Wheelchair Bus and Satellite Bedside Radio Program for our hospitalized veterans.

Please contact Voluntary Service to inquire about the Committee's current project. The Committee will also be sponsoring a group of Veterans to participate in the VA's Golden Age Games which is conducted in the summer of every year.

For information on any of our VA Voluntary Service programs or projects please contact: Linda Mitchell (781-687-2352), Deborah Murchie (781-687-2422), Sarah Kelly (781-687-3076) or Joe Dooley (781-687-3074) in the Voluntary Service office.

## DONATED PATIENT ACCOUNTS

- (9001) DONATED GENERAL PURPOSE:** This fund, through a variety of means, provides for the general comfort, health and well being of patients. Donations to the General Post Fund allow us the greatest flexibility in fulfilling patient's needs.
- (9003) NATIONAL REHABILITATION SPECIAL EVENTS:** This fund will be used for travel expenses, lodging, and meals for veterans attending any of the following events: National Veterans Golden Age Games, National Veterans Wheelchair Games, National Disabled Veterans Winter Sports Clinic and the National Veterans Creative Arts Festival.
- (9006) RECREATION EQUIPMENT AND SUPPLIES:** Numerous supplies and accessories are needed for Recreation Service special events and therapeutic on-ward activities. The fund also provides general equipment to patients such as card tables, board games, etc. for their diversional enjoyment.
- (9007) CHAPEL RENOVATION:** Contributions are continually needed in order to enhance the beauty and sanctity of the Chapel.

- (9015) **WOMEN VETERANS:** Donations support goods for events which honor special contributions made by women veterans. In addition, the funds sponsor holiday distributions and helps meet women veterans' special needs.
- (9016) **GREENHOUSE/VETERANS COMPUTER CENTER:** Patients in the horticulture program cultivate plants from seedlings and learn greenhouse techniques. The Veterans Computer Center provides training in the use of a computer, internet skills and refurbishes equipment for the use by veterans throughout the facility. Funds are used to maintain these excellent programs.
- (9017) **PREVENTIVE DENTISTRY:** Funds provide toothbrushes and other dental hygiene items for patients.
- (9018) **HOMELESS VETERANS DOMICILIARY:** This fund supports patient initiatives on the Homeless Veterans Domiciliary. Monthly community dinners, MBTA passes for job interviews and basic subsistence items can be purchased for homeless veterans hospitalized on the Domiciliary through donations to this fund.
- (9021) **VETERANS COMMUNITY CARE CENTER (VCCC):** The VCCC in Lowell, MA provides an alternative to hospitalization for many geriatric and psychiatric patients. Funds are needed to support a variety of excellent recreational programs as well as occupational and vocational therapy activities.
- (9028) **PATIENT WELFARE:** This fund assists patients with special needs that "normal" donation channels are not able to accommodate. Social Work Service carefully screens applicants to ensure that funds are issued to those veterans truly in need.
- (9031) **CABLE/SATELLITE TV FUND:** This fund will be used to provide cable or satellite TV access to as many inpatient veterans as possible at this facility.
- (9045) **62ABN ALZHEIMER'S UNIT:** Funds used to provide veterans on this unit personal comfort items, recreational parties and for the general benefit of the veterans on this unit (i.e. food for a party, live entertainment, etc.).
- (9046) **62CDN ALZHEIMER'S UNIT:** Funds used to provide veterans on this unit personal comfort items, recreational parties and for the general benefit of the veterans on this unit (i.e. food for a party, live entertainment, etc.).
- (9056) **OIF/OEF:** This account is used to provide Information/Welcome packages to returning Operation Iraqi Freedom/Operation Enduring Freedom veterans and their family members. The information packet would contain information about the VA Hospital and may contain items such as phone cards, gift certificates to local businesses (i.e. McDonald's or Friendly's restaurants) and other items to make their transition to civilian life easier.

## WISH LIST ADDENDUM

### WARD 4A/B WISH LIST (Community Living Center)

Contact Person: [Leah.Sullivan2@va.gov](mailto:Leah.Sullivan2@va.gov) 781-687-2452

1. **Monthly Party on Ward**  
**Potential Times:** 4<sup>th</sup> Friday or any Thursday, Saturday or Sunday at 2:00 p.m. for one hour.  
**Need:** Entertainment, Music, Magic, Comedy, or other
2. **Monthly Happy Hour Program**  
**Potential times:** 1 Sunday per month at 2:00pm  
**Need:** Entertainment  
**Even Bigger Need:** Volunteers spending one-on-one time with veterans to assist with programming and socializing.
3. **Garden Group**  
**Potential Times:** summer, TBA  
**Need:** Someone with an interest and knowledge of horticulture; assist with residents who are interested and to maintain victory garden.
4. **Cooking Group**  
**Time:** 4<sup>th</sup> Wednesday at 2:00 pm  
**Need:** Various food items to cook, assistance with residents
5. **Trips to Canteen and Campus Store**  
**Time:** Weekly, Mornings 9:00am – 12:00pm  
**Need:** Assistance
6. **1 on 1 Visit**  
**Potential Times:** Any  
**Need:** Work with residents writing letters bring residents outside, to the Canteen, or playing games.
7. **Items Needed:**
  - A. *Whisper Glide* rocker for wheel chairs
  - B. CD/Radios with music
  - C. Wii Fit
  - D. Country western music
  - E. Piano tuning

**WARD 4C/D WISH LIST (Community Living Center)**  
**Contact Person: Jennifer.Jolly@va.gov 781-687-3237**

1. **1 on 1 Visit**  
**Potential Times:** any  
**Need:** work with residents writing letters, going outside, going to the Canteen, playing games, painting nails, reading, playing cards, checkers, going to the library etc.
2. **Monthly Party**  
**Potential Times:** Monday or Friday afternoons  
**Need:** entertainment, musical or other, ice cream or other food items depending on the holiday
3. **Trips**  
**Time:** 1<sup>st</sup> and 4<sup>th</sup> Wednesday 11am-4pm or 1-4pm  
**Need:** assistance with residents who need it
4. **Ladies Club**  
**Time:** 2<sup>nd</sup>, 3<sup>rd</sup> or 4<sup>th</sup> Thursday of the month  
**Need:** pleasant conversation, doing residents nails, no fear of breaking out into spontaneous singing
5. **Bingo**  
**Potential Times:** Tuesday or Thursday afternoons from 2-3:30pm  
**Need:** 1-6 volunteers to assist residents with cards
6. **Monthly Happy Hour Program**  
**Potential Times:** 1 Sunday per month at 3:00pm  
**Need:** Refreshments  
**Even Bigger Need:** entertainment
7. **Garden Group**  
**Potential Times:** summer, TBA  
**Need:** someone with an interest and knowledge of horticulture; assistance with residents who need it
8. **Assistance during the month decorating the unit**
9. **Assistance at quarterly special themed meals**
10. **Entertainment, entertainment, entertainment. You have a special talent or hobby that you are willing to teach to our residents, please contact us to make an appointment.**

11. **Financial support for monthly musical entertainment, dance performances, magic programs, comedians, educational animal programs.**
12. **Monthly birthday cards and/or presents for the residents born that month; something to make their day special.**

## **ITEMS FOR USE IN ALL 4 BLDG. UNITS**

Books on CD

Board games (no checkers, chess, or cribbage)

Craft supplies – construction paper, markers, felt posters, wooden projects (larger scale is easiest)

Holiday decorations (must be flame retardant)

Picture frames to frame veterans family pictures all sizes, **NO GLASS**

Someone/Group to provide a birthday present/card to those with a birthday each month

Someone/Group to sponsor a variety of entertainment on the units (music, animals, magicians, comedians, dancers)

One on one volunteers to read to residents, play cards, take outside, or escort to different locations throughout the hospital

A group or person to help sponsor a quarterly themed meal; which includes a monetary donation for the caterer and help with serving the food to our patients.

## WARD 2B WISH LIST (Community Living Center)

Contact Person: [Gina.Bazzari@va.gov](mailto:Gina.Bazzari@va.gov) 781-687-2717

1. **Garden Group**  
**Potential times:** summer, any mornings  
**Need:** assistance with residents, interest in horticulture
2. **Monthly Music**  
**Potential Times:** any afternoon  
**Need:** entertainment, ice cream
3. **Birthday Party**  
**Potential Times:** any afternoon  
**Need:** Assistance getting residents to group; 1 on 1 help for residents who need it, entertainment, ice cream and cake
4. **1 on 1 Visit**  
**Potential Times:** any morning  
**Need:** visit to the canteen in the mornings
5. **Games**  
**Time:** any time  
**Need:** play cards, cribbage and checkers
6. **Pet Therapy**  
**Time:** Flexible Tuesday, Wednesday or Thursday  
**Need:** pets (Please note: ALL pets must be cleared through Pet Therapy Program.  
**Contact:** Glen Hevy 781-687-3053
7. **Decorations (must be fire retardant)**  
**Potential Time:** any  
**Need:** suggestions, wreaths, table clothes, and center pieces for Valentine's Day, St. Patrick's Day, spring and/or Patriotic theme
8. **Special Luncheons**  
**Potential time:** 2-3 times a year dates variable  
**Need:** Sponsor program and volunteers to help serve food to the veterans
9. **Other items needed:**
  - Sweatpants and Sweatshirts
  - Picture frames for family photos (no glass)
  - Wii controls
  - Wii sport games
  - Music CD' of the 40' or 50's

FM radio with head phones

Gift cards; Christmas Tree Shop, Michael's, AC Moore's

Old movies, comedy or westerns

Trivia games for the elderly

Gift cards; Michael's and Stop and Shop- *to support the monthly centerpiece project*

## **WARD 78C WISH LIST (Geriatric Evaluation)**

**Contact Person: Felicia.Hall3@va.gov – Recreation Therapist 781-687-3043**

**1. 1 on 1 Visits**

**Time:** Any

**Need:** Take residents outside for some fresh air, etc.

**2. Monthly Parties**

**Times:** 1 afternoon per month, any day except the 2<sup>nd</sup> Thursday

**Need:** Entertainment

**3. Birthday Party**

**Potential time:** Flexible on the time, 1x per month except 2<sup>nd</sup> Thursday

**Need:** Ice cream and cake; 1 on 1 help for residents who need it

**4. Pet Therapy**

**Potential time:** Volunteer to visit 1 to 3 times a month on the Unit

**Need:** pets (Please note: ALL pets must be cleared through Pet Therapy Program.)

**Contact:** Glen Hevy 781-687-3053

**5. Items Needed:**

Frozen foods to cook in mini oven; cookies, rolls, pizza bagels etc.

Tomato seeds & Vegetable seeds

DVD movies (newer releases)

Books on CD (westerns, action stories)

4 Wii controllers

Wii games

## WARD 78G WISH LIST (Mental Health)

**Contact Person: Doreen.Perry@va.gov - Nurse Manager 781-687-3235**

1. **Pizza Party**  
**Potential Times:** 2<sup>nd</sup> Friday at 2:00pm  
**Need:** Pizza
  
2. **Movie Night**  
**Potential Times:** TBA  
**Need:** popcorn, chips, soda
  
3. **Game Night**  
**Times:** TBA  
**Need:** interest in playing table games or running tournaments; 1 on 1 help for residents who need it
  
4. **Items Needed:**  
Art projects including painting and sketch kits without sharp objects  
Wii games  
Wii controllers  
Board games (***no checkers, chess or cribbage***)  
New DVD's  
Markers, crayons, colored pencils and drawing paper

## WARD 6B WISH LIST (Mental Health)

**Contact Person: Joseph.Grimard@va.gov 781-687-2049**

**1. Holiday Event Sponsor**

**Potential Time:** July 4, Veterans Day and Holiday Season

**Need:** Sponsor a meal to be held on the Unit

**2. Super Bowl Party Sponsor**

**Potential Time:** Super Bowl Sunday

**Need:** Refreshments

**3. Monthly Birthday Party Sponsor**

**Potential Time:** flexible

**Need:** cake and ice cream

**4. Items needed:**

Wii Games

4 Wii controllers

Dry Erase Board with markers and erasers

Board Games; Trivial Pursuit , Scattagories, Checkers, Chess etc.

Art Supplies; drawing paper, crayons, oil pastels, colored pencils, markers and coloring books

Gift cards-Dunkin Donuts, McDonalds, CVS, restaurant cards

6-Basketballs

2-Volleyballs

## WARD 62AB and 62CD WISH LIST

### (Alzheimer's Units)

Contact Person: 62 AB [Nadene.landry@va.gov](mailto:Nadene.landry@va.gov) 781-687-3199

62 CD Nancy.Rothstein @ va.gov 781-687-3362

1. **1 on 1 visit:**  
**Potential Time:** any  
**Need:** work with residents going outside, going to the Canteen, playing games, cards, going to the library, putting on music CD's in resident's rooms, rosary group, reading, etc.
  
2. **Ladies Lunch/Tea:**  
**Potential Time:** flexible  
**Need:** pleasant conversation, "girl talk" etc.
  
3. **Men's Group:**  
**Potential Time:** Flexible  
**Need:** good conversation, watch/discuss football, "guy" talk" etc.
  
4. **Special Musical Events:**  
**Potential Time:** Flexible  
**Need:** Christmas caroling, any special visits from music groups. Residents respond to and are able to recognize men and women in military uniforms.
  
5. **Items Needed:**  
Electric Razors  
Quilts for beds (twin size)  
Mobiles (for bed residents)  
Snuggles  
Large Books- Pictures of flowers, cars sports,travel, history, art with large, bright pictures etc  
Theme-plates, cups, napkins, and table cloths  
Soft balls-all sizes  
Mittens  
Hats  
Winter jackets-size large, xl, and xxl  
CD's-patriotic 1930's/1950's, oldies, & country  
Baking supplies: especially cake, muffin, cookie MIXES  
Spray fixative (for use with pastel drawings)  
Large Handle/easy grip paintbrushes  
Acrylic paints (any colors)  
Canvas—either pre-stretched or large roll with stretcher bars  
Bristol Board size 11x14" or larger  
Liquid Starch  
Old newspapers (for paper machè)

Working blender (can be used: for use in paper making)  
Screens (again, can be used: for use in paper making)  
Speedball tint-EZ linoleum blocks 8x10" or 9x12"  
Speedball flexible printing plate no. 4165  
Speedball water soluble inks for printing  
Baskets/Bins for storage of art & craft supplies

## **VOLUNTEER OPPORTUNITIES**

**There are a wide variety of Volunteer Opportunities available at the Edith Nourse Rogers Memorial Veterans Hospital. Positions are available to suit your individual interests. Assignments are available during the day, evenings and weekends.**

A few examples of volunteer assignments are:

- Information Desk Volunteer
- Chapel Escort
- Clerical Assistants in various office settings
- Volunteer Drivers (in Government Vehicles) transporting veterans to and from the facility
- Adopt-a-Veteran (one on one with a hospitalized veteran)
- Unit Volunteer on various in-patient wards
- Adopt-a-Ward Program (sponsor of recreation activities on various in-patient units)
- Large Group Recreation Assistant
- Coffee Program Volunteer
- Mini Train Volunteer

**For more information please call Voluntary Service at 781-687-3076 to make an appointment for an interview.**