

**Edith Nourse Rogers Memorial  
Veterans Hospital  
DONATION OPPORTUNITIES  
FY 2013**

There is a certain satisfaction which comes from giving unselfishly so that others' lives might be happier. Here at the Bedford VA Hospital, contributions by donors have been invaluable in perpetuating the high quality of care to which our patients are entitled.

With the structure of today's economy and increasing demands on time, it is especially important to remember the hospitalized Veterans at this facility. Information has been provided on the following pages regarding some of the special needs and interests of our patients.

All monetary and tangible donations **need** to be coordinated in advance through the Voluntary Service Office. Tangible donations, in particular, **need** to be coordinated in advance.

**Starting January 1, 2012 we will NO LONGER accept used clothing.**

**Chief, Voluntary Service (135)  
Edith Nourse Rogers Memorial Veterans Hospital  
200 Springs Road  
Bedford, MA 01730  
Phone (781) 687-2352 or 687-3076  
[www.bedford.va.gov/giving](http://www.bedford.va.gov/giving)**

Also, if you would like more information on any of the donation suggestions listed, please feel free to contact me. I would be happy to meet with individuals or groups to discuss current patient needs.

Checks should be made payable to "Bedford VA Hospital" for all monetary donations. Please specify the account you wish to support in the lower left-hand corner of the check and/or in an attached note. Voluntary Service will acknowledge your donation in writing. **Please include any special instructions for acknowledgement at the time of donation. Memorial donations will be acknowledged to the donor and the next of kin.**

Donors help to make it possible for our hospitalized veterans to enjoy a better quality of life by supporting the numerous patient care programs provided at this VA Hospital. Thank you for your concern and interest for our patients at Bedford.

Sincerely,

JOSEPH DOOLEY  
Chief, Voluntary Service

## **PATIENT WISH LIST**

### **PLEASE NO TRAVEL SIZE HYGIENE PRODUCTS**

**We no longer need Afghans, cell phones, VCR tapes, or playing cards**

**We do not accept medical equipment or used electronics.**

**DONATIONS OF USED CLOTHING WILL NO LONGER BE ACCEPTED**

### **\*\*\* PERSONAL COMFORT ITEMS \*\*\***

**Generic:** Deodorant, shampoo, toothpaste, denture cleaner, body wash, lotion and powder.

**Men:** Electric razors (rechargeable, **(NEW ONLY)**), electric pre-shave lotion, aftershave lotion, shaving cream.

**NEW CLOTHING:** white socks, underwear, sweaters, cotton sweatshirts, washable slippers, sneakers with velcro laces.

**Women:** Hand and body lotion, hair dryers, hair brushes.

**NEW CLOTHING:** knee socks, underwear, washable sweaters, sweatpants, sweatshirts jogging or warm up suits, washable slippers.

### **\*\*\* SEASONAL ITEMS \*\*\***

**Fall/Winter items** – **NEW ITEMS ONLY:** Both men and women; winter jackets, fleece jackets, winter hats, gloves, sweaters, sweatshirts, sweatpants, (medium, large, extra large and XX large sizes).

**Spring/Summer items** – **NEW ITEMS ONLY:** Both men and women; spring jackets/windbreakers, jeans, trousers (Dockers), baseball hats, belts, colored T-shirts, Polo Shirts, walking shorts, and sneakers.

### **\*\*\* VA VOLUNTARY SERVICE COMMITTEE SPECIAL PROJECTS \*\*\***

Our local VAVS Committee undertakes special projects on a regular basis. They have provided a low floor recreational vehicle "Mini-Train", special Hospital beds, a Health Information Kiosk, Wheelchair Bus and Satellite Bedside Radio Program for our hospitalized veterans.

Please contact Voluntary Service to inquire about the Committee's current project. The Committee will also be sponsoring a group of Veterans to participate in the VA's Golden Age Games which is conducted in the summer of every year.

For information on any of our VA Voluntary Service programs or projects please contact: Linda Mitchell (781-687-2352), Deborah Murchie (781-687-2422), Sarah Slagle (781-687-3076) or Joe Dooley (781-687-3074) in the Voluntary Service office.

## DONATED PATIENT ACCOUNTS

- (9001) **DONATED GENERAL PURPOSE:** This fund, through a variety of means, provides for the general comfort, health and well being of patients. Donations to the General Post Fund allow us the greatest flexibility in fulfilling patient's needs.
- (9003) **NATIONAL REHABILITATION SPECIAL EVENTS:** This fund will be used for travel expenses, lodging, and meals for veterans attending any of the following events: National Veterans Golden Age Games, National Veterans Wheelchair Games, National Disabled Veterans Winter Sports Clinic and the National Veterans Creative Arts Festival.
- (9006) **RECREATION EQUIPMENT AND SUPPLIES:** Numerous supplies and accessories are needed for Recreation Service special events and therapeutic on-ward activities. The fund also provides general equipment to patients such as card tables, board games, etc. for their diversional enjoyment.
- (9008) **CHAPEL RENOVATION:** Contributions are continually needed in order to enhance the beauty and sanctity of the Chapel.
- (9015) **WOMEN VETERANS:** Donations support goods for events which honor special contributions made by women veterans. In addition, the funds sponsor holiday distributions and helps meet women veterans' special needs.
- (9016) **GREENHOUSE/VETERANS COMPUTER CENTER:** Patients in the horticulture program cultivate plants from seedlings and learn greenhouse techniques. The Veterans Computer Center provides training in the use of a computer, internet skills and refurbishes equipment for the use by veterans throughout the facility. Funds are used to maintain these excellent programs.
- (9019) **HOMELESS VETERANS DOMICILIARY:** This fund supports patient initiatives on the Homeless Veterans Domiciliary. Monthly community dinners, MBTA passes for job interviews and basic subsistence items can be purchased for homeless veterans hospitalized on the Domiciliary through donations to this fund.
- (9021) **VETERANS COMMUNITY CARE CENTER (VCCC):** The VCCC in Lowell, MA provides an alternative to hospitalization for many geriatric and psychiatric patients. Funds are needed to support a variety of excellent recreational programs as well as occupational and vocational therapy activities.
- (9028) **PATIENT WELFARE:** This fund assists patients with special needs that "normal" donation channels are not able to accommodate. Social Work Service carefully screens applicants to ensure that funds are issued to those veterans truly in need.

- (9045) 62AB ALZHEIMER'S UNIT:** Funds used to provide veterans on this unit personal comfort items, recreational parties and for the general benefit of the veterans on this unit (i.e. food for a party, live entertainment, etc.).
- (9046) 62CD ALZHEIMER'S UNIT:** Funds used to provide veterans on this unit personal comfort items, recreational parties and for the general benefit of the veterans on this unit (i.e. food for a party, live entertainment, etc.).
- (9056) OIF/OEF:** This account is used to provide Information/Welcome packages to returning Operation Iraqi Freedom/Operation Enduring Freedom veterans and their family members. The information packet would contain information about the VA Hospital and may contain items such as phone cards, gift certificates to local businesses (i.e. McDonald's or Friendly's restaurants) and other items to make their transition to civilian life easier.

## **WARD 4A/B WISH LIST (Community Living Center)**

**Contact Person: Nancy.Rothstein@va.gov 781-687-2452**

1. **Monthly Party on Ward**  
**Potential Times:** 4<sup>th</sup> Friday or any Thursday, Saturday or Sunday at 2:00 p.m. for one hour.  
**Need:** Entertainment, Music, Magic, Comedy, or other
  
2. **Monthly Happy Hour Program**  
**Potential times:** 1 Sunday per month at 2:00pm  
**Need:** Entertainment  
**Even Bigger Need:** Volunteers spending one-on-one time with veterans to assist with programming and socializing.
  
3. **Garden Group**  
**Potential Times:** summer, TBA  
**Need:** Someone with an interest and knowledge of horticulture; assist with residents who are interested and to maintain victory garden.
  
4. **Cooking Group**  
**Time:** 4<sup>th</sup> Wednesday at 2:00 pm  
**Need:** Various food items to cook, assistance with residents
  
5. **Trips to Canteen and Campus Store**  
**Time:** Weekly, Mornings 9:00am – 12:00pm  
**Need:** Assistance
  
6. **1 on 1 Visit**  
**Potential Times:** Any  
**Need:** Work with residents writing letters bring residents outside, to the Canteen, or playing games.
  
7. **Items Needed:**
  - CD/Radios with music
  - Arts & Crafts Supplies, Construction Paper
  - Country western music/Music from the 40s, 50s and 60s
  - Piano tuning
  - Coffee-ground
  - Black Picture frames all sizes-NO GLASS
  - Wii Games and connection wires

## WARD 4C/D WISH LIST (Community Living Center)

Contact Person: [Jennifer.Jolly@va.gov](mailto:Jennifer.Jolly@va.gov) 781-687-3237

1. **1 on 1 Visit**  
**Potential Times:** any  
**Need:** work with residents writing letters, going outside, going to the Canteen, playing games, painting nails, reading, playing cards, checkers, going to the library etc.
2. **Monthly Party**  
**Potential Times:** Friday afternoons  
**Need:** entertainment, musical or other, ice cream or other food items depending on the holiday
3. **Trips**  
**Time:** 1<sup>st</sup> and 4<sup>th</sup> Wednesday 11am-4pm or 1-4pm  
**Need:** assistance with residents who need it
4. **Ladies Club**  
**Time:** 2<sup>nd</sup>, 3<sup>rd</sup> or 4<sup>th</sup> Thursday of the month  
**Need:** pleasant conversation, doing residents nails, no fear of breaking out into spontaneous singing
5. **Bingo**  
**Potential Times:** Tuesday or Thursday afternoons from 2-3:30pm  
**Need:** 1-6 volunteers to assist residents with cards
6. **Monthly Happy Hour Program**  
**Potential Times:** 1 Saturday per month at 2:00pm  
**Need:** Refreshments  
**Even Bigger Need:** entertainment
7. **Trips to Canteen and Campus Store**  
**Time:** Weekly, Mornings 9:00am-12:00 pm  
**Need:** Assistance
8. **Garden Group**  
**Potential Times:** summer, TBA  
**Need:** someone with an interest and knowledge of horticulture; assistance with residents who need it
9. **Assistance during the month decorating the unit**
10. **Assistance at quarterly special themed meals**

11. **Entertainment, entertainment, entertainment. You have a special talent or hobby that you are willing to teach to our residents, please contact us to make an appointment.**
12. **Financial support for monthly musical entertainment, dance performances, magic programs, comedians, educational animal programs.**
13. **Monthly birthday cards and/or presents for the residents born that month; something to make their day special.**
  - CD Players/Radios
  - Arts & Crafts Supplies, Construction Paper
  - Country Western/Pop Standards/Show Tunes CDs
  - Piano Tuning
  - Coffee-Ground
  - Black Picture frames all sizes (NO Glass)
  - Staunton Chess Pieces
  - Puzzles from White Mt. Puzzle Inc.
  - Gift cards; Christmas Tree Shop, Michael's AC Moore's
  - Tablecloths/Linens (12+) for formal events in the dining room (rectangle 8' and round)
  - Subscription for large print Reader's Digest

## **WARD 2B WISH LIST (Community Living Center)**

**Contact Person:** [Gina.Bazzari@va.gov](mailto:Gina.Bazzari@va.gov) 781-687-2717

1. **Garden Group**  
**Potential times:** summer, any mornings  
**Need:** assistance with residents, interest in horticulture
2. **Monthly Music**  
**Potential Times:** any afternoon  
**Need:** entertainment, ice cream
3. **Birthday Party**  
**Potential Times:** any afternoon  
**Need:** Assistance getting residents to group; 1 on 1 help for residents who need it, entertainment, ice cream and cake
4. **1 on 1 Visit**  
**Potential Times:** any morning  
**Need:** visit to the canteen in the mornings
5. **Games**  
**Time:** any time  
**Need:** play cards, cribbage and checkers
6. **Pet Therapy**  
**Time:** Flexible Tuesday, Wednesday or Thursday  
**Need:** pets (Please note: ALL pets must be cleared through Pet Therapy Program.  
**Contact:** Nancy Rothstein 781-687-3362
7. **Decorations (must be fire retardant)**  
**Potential Time:** any  
**Need:** suggestions, wreaths, table clothes, and centerpieces for Valentine's Day, St. Patrick's Day, spring and/or Patriotic theme
8. **Special Luncheons**  
**Potential time:** 2-3 times a year dates variable  
**Need:** Sponsor program and volunteers to help serve food to the veterans
9. **Other items needed:**
  - Sweatpants and Sweatshirts
  - Picture frames for family photos (no glass)
  - Wii controls
  - Wii sport games
  - Music CD' of the 40' or 50's

- FM radio with head phones
- Gift cards; Christmas Tree Shop, Michael's, AC Moore's
- Old movies, comedy or westerns on DVD (ORIGINALS ONLY PLEASE!)
- Trivia games for the elderly
- Gift cards; Michael's and Stop and Shop- *to support the monthly centerpiece project*

## **VA Supported Housing (VASH) Team**

**Contact Person:** Kathryn Cochran, [Kathryn.Cochrane@va.gov](mailto:Kathryn.Cochrane@va.gov) 781-687-2997

### **Items Needed:**

- Movie passes
- Bowling passes
- Deep Sea Fishing Trip
- Passes to the Peabody Essex Museum
- Passes to Museums in MA
- Gift certificates for dinner out

## **Outpatient Recreation Therapy Wish List**

**Contact Person:** Leah Sullivan, [Leah.Sullivan2@va.gov](mailto:Leah.Sullivan2@va.gov) Phone: 781-687-3237

- Yard Games
  - Bocce Ball set
  - Corn Hole
  - Horse Shoe pit and shoes
- Gas Powered Grill
- Photography Club Needs:
  - Photo Printing Paper
  - Digital Camera(s)
  - Color Ink for printer (Paul's printer in veteran's computer lab)
- Event Tickets (Celtics, Red Sox, Museums, theater, ect...)
- New or Used musical instruments/equipment (guitars, microphones, chords, ect...)

### **Volunteer Needs:**

- Volunteer to assist with Recreation Therapy news letter
- Photographer for events
- Help with large events as needed
- Interests in:
  - adapted sports
  - Community integration

## WARD 78C WISH LIST (Geriatric Evaluation)

Contact Person: [Felicia.Hall3@va.gov](mailto:Felicia.Hall3@va.gov) – Recreation Therapist 781-687-3043

**1. 1 on 1 Visits**

**Time:** Any

**Need:** Take residents outside for some fresh air, canteen visits, card games, rummy, poker, etc.

**2. Monthly Parties**

**Times:** 1 afternoon per month, any day

**Need:** Entertainment, music, dancing, songs/instrument playing, pizza and soda parties

**3. Birthday Party**

**Potential time:** Flexible on the time, 1x per month

**Need:** Ice cream and cake; 1 on 1 help for residents who need it

**4. Pet Therapy**

**Potential time:** Volunteer to visit 1 to 3 times a month on the Unit

**Need:** pets (Please note: ALL pets must be cleared through Pet Therapy Program)

**Contact:** Glen Hevy 781-687-3053

**5. Decorations (must be fire retardant)**

**Potential Time:** any; for all seasons

**Need:** seasonal table clothes, and centerpieces, colorful construction and decorative paper for seasonal bulletin board background, window cling-ons/stickers

**6. Cooking Group**

**Time:** Monday-Friday after 10am

**Need:** Various food items to cook in toaster oven and/or microwave, assistance with residents

**7. Items Needed:**

- Frozen foods to cook in mini oven; cookies, rolls, pizza bagels etc.
- Bread for automatic bread maker
- DVD movies (newer releases, musicals ie. Oklahoma)
- Karaoke CDs (big bang, 50s-70s)
- Portable CD players for bedside
- Movie tickets for community trips

## WARD 78G WISH LIST (Mental Health)

Contact Person: [Doreen.Perry@va.gov](mailto:Doreen.Perry@va.gov) - Nurse Manager 781-687-3235

1. **Pizza Party**  
**Potential Times:** 2<sup>nd</sup> Friday at 2:00pm  
**Need:** Pizza
  
2. **Movie Night**  
**Potential Times:** TBA  
**Need:** popcorn, chips, soda
  
3. **Game Night**  
**Times:** TBA  
**Need:** interest in playing table games or running tournaments; 1 on 1 help for residents who need it
  
4. **Items Needed:**
  - Art projects including painting and sketch kits without sharp objects
  - Wii games
  - Wii controllers
  - Board games (*no checkers, chess or cribbage*)
  - New DVD's
  - Markers, crayons, colored pencils and drawing paper

## WARD 6B WISH LIST (Mental Health)

Contact Person: [Joseph.Grimard@va.gov](mailto:Joseph.Grimard@va.gov) 781-687-2049

1. **Holiday Event Sponsor**

**Potential Time:** July 4, Veterans Day and Holiday Season

**Need:** Sponsor a meal to be held on the Unit

2. **Super Bowl Party Sponsor**

**Potential Time:** Super Bowl Sunday

**Need:** Refreshments

3. **Monthly Birthday Party Sponsor**

**Potential Time:** flexible

**Need:** cake and ice cream

4. **Items needed:**

- Wii Games
- 4 Wii controllers
- Dry Erase Board with markers and erasers (with stand)
- Board Games; Trivial Pursuit, Scattergories, Checkers, Chess etc.
- Art Supplies; drawing paper, crayons, oil pastels, colored pencils, markers and coloring books
- Gift cards-Dunkin Donuts, McDonalds, CVS, restaurant cards
- 2-Volleyballs
- Men's exercise shorts-Size medium, large and XL
- Men's swim trunks-Size medium, large and XL
- Swim goggles
- Men's exercise t-shirts-Size medium, large and XL
- Men's socks (white)
- Radio System for the gym

## **WARD GRECC WISH LIST (Alzheimer's Units)**

**Contact Person:** Nadene Landry, [Nadene.Landry@va.gov](mailto:Nadene.Landry@va.gov) 781-687-3199

- **1 on 1 visits:**  
**Potential Time:** any  
**Need:** 1:1 camaraderie for residents could be: going outside, going to the Canteen, playing games, cards, going to the library, putting on music CD's in resident's rooms, rosary group, reading, etc.
- **Ladies Lunch/Tea:**  
**Potential Time:** Flexible  
**Need:** pleasant conversation, "girl talk", nails care, etc.
- **Men's Group:**  
**Potential Time:** Flexible  
**Need:** good conversation, watch/discuss sports, cars, "guy" talk" etc.
- **Music Events:**  
**Potential Time:** Flexible  
**Need:** Christmas caroling, any visits from music groups.
- **Monthly theme parties:**  
**Times:** 1 afternoon per month, any day except the 3rd Friday  
**Need:** Entertainment, cake, ice cream

### **Items Needed:**

- Springbok Alzheimer's Puzzles: large pieces: can be found online at:  
<http://www.springbok-puzzles.com/category/alzheimers-puzzles>
- Art Supplies: Please see the Alzheimer's Unit Wish list on Dick Blick's Website:  
<http://www.dickblick.com/lists/wishlist/BBAXDBRGSHRM5/publicview/>
- Beach balls or other large bouncy balls
- Baking supplies: MIXES (no nuts)
- Blender
- Toaster Oven
- Table cloths: solid colored fabric
- Coffee Table Books- with large, bright pictures (Nature, cars sports, travel, history, art)
- Trivia books
- CD Players
- DVD Players
- CD's-patriotic/ 1930's/1940's/1950's
- DVD's of nature scenes (meditative/relaxing)

## **HOMELESS VETERAN WISH LIST**

Contact Person: Cheryl Coviello, [Cheryl.Coviello@va.gov](mailto:Cheryl.Coviello@va.gov) 781-687-2706

### ***Gift cards: (these are always great and VERY helpful)***

- Target, Wal-Mart, Market Basket, Stop & Shop and Shaw's
- Dunkin Donuts card
- Gas card
- Marshalls card, Michaels Crafts card, Barnes and Noble book certificates
- Restaurant gift certificates(even McDonald's, Burger King,etc)

### ***Household Items: (for newly housed Veterans who have been homeless)***

- Toaster, Coffee maker, Dishes, Glasses, Utensils
- Food Storage Containers – Tupperware, Gladware, etc.
- Vacuum, Pots and pans, Small microwave, Tools
- Calendars, DVD player & DVDs
- Towels for kitchen and bath, Pillows for bed or couch, Fluffy soft throws
- Electric razors

### ***Toys/Games***

- Board games
- Puzzles
- Books
- Sports stuff
- Dolls
- Cribbage board
- Deck of cards

### ***Other:***

- Museum passes
- Movie passes
- Hats and gloves
- Warm socks

## **VOLUNTEER OPPORTUNITIES**

**There are a wide variety of Volunteer Opportunities available at the Edith Nourse Rogers Memorial Veterans Hospital. Positions are available to suit your individual interests. Assignments are available during the day, evenings and weekends.**

A few examples of volunteer assignments are:

- Gardening Volunteers
- Greenhouse Volunteers
- Hospice Volunteers
- Women's Clinic Volunteers
- Information Desk Volunteer
- Coffee Program Volunteer
- Volunteer Drivers (in Government Vehicles) transporting veterans to and from the facility
- Adopt-a-Veteran (one on one with a hospitalized veteran)
- Unit Volunteer on various in-patient wards
- Adopt-a-Ward Program (sponsor of recreation activities on various in-patient units)
- Large Group Recreation Assistant
- Parking Lot shuttle Drivers
- MyHealthE-vet Volunteer (computer access needed)
- Pet therapy Volunteer
- Off Station Trip Assistant

For more information please review our website...

***[www.bedford.va.gov/giving](http://www.bedford.va.gov/giving)***