

# The CRCT Peers

Let us introduce ourselves!  
**The CRCT Team:**

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781-687-2000 ext. 2911

**Steve Hines**  
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781-687-2000 ext. 3322

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**John Smolinsky, Ph.D.**  
781-687-2000 ext. 3473



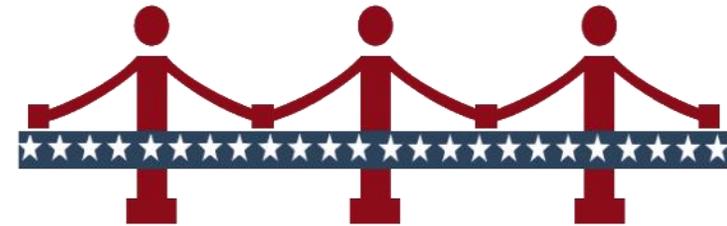
Tony, Chuck and Steve



Zap us into your smart phone!

HONORING SERVICE  
**EMPOWERING**  
**HEALTH**

[www.bedford.va.gov/services/Connections.asp](http://www.bedford.va.gov/services/Connections.asp)



**COMMUNITY RECOVERY  
CONNECTIONS TEAM**

Peer Specialists  
Helping Veterans  
to

**Build  
Bridges to  
Wellness**

**Bedford VA**  
200 Springs Road  
Building 80 Rm 101  
Bedford, MA 01730

Or contact us at

**781-687-3400**



# CRCT - Bridging the Gap

# Veterans don't have to find natural resources alone...

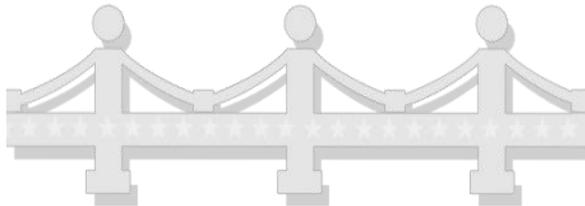


Strong recovery requires not only eliminating destructive behavior but adding meaningful activity in its place.

Finding our way to feeling connected to the community can be a challenging aspect to recovery.

Knowledge of social support networks is essential.

Any Veteran with limited resources can build a "wellness plan" in the community based on natural resources.



**Find a community that's right for you**

Thinking about where you would like to build a life and plant roots leads to solid recovery goals. Different communities offer different natural resources.

## Friendly, Knowledgeable Veteran Peers...

...Assist Veterans receiving services to enrich connections within the communities of Somerville, Lowell, Haverhill, Lawrence, Beverly, and Gloucester (and surrounding areas) by providing guidance and bridging to community partners.

- \*Work
- \*Recreation
- \*Hobbies
- \*Socializing Opportunities
- \*Communities of Worship
- \*Volunteering
- \* Peer Led Groups
- \* Special Interests



## What do CRCT peers do?

- Connect Veterans with community partners to facilitate community reintegration
- Provide individual Veteran peer support
- Facilitate informal groups

**Come to one of our Veteran Coffee Socials to learn more!**

Visit [bedford.va.gov/services/Connections.asp](http://bedford.va.gov/services/Connections.asp) for updates to the following schedule:

**BEDFORD: Thursdays 7:30 - 9:00am**  
Bedford VA Canteen  
200 Springs Rd. Bedford MA 01730

**LOWELL: Thursdays 4:00 - 5:15pm**  
Santoro's Pizza  
194 Gorham St. Lowell, MA 01852

**SOMERVILLE: Mondays 7:30 - 9:00am**  
Mass Bay Vet Center  
4 North St. Somerville, MA 02144

**BEVERLY: Saturdays 8:30 - 10:00am**  
Vittori-Rocci Post 56  
143 Brimbal Ave. Beverly, MA 01915

**GLOUCESTER: Fridays 7:30 - 9:00am**  
Gloucester Vet Center & DAV Building  
12 Emerson Ave. Gloucester, MA 01930

**LYNN: Tuesdays 10:00 - 11:30am**  
Northshore Community College  
Lynn Campus Cafeteria | 2nd Floor  
300 Broad St. Lynn, MA 01901

***We are with you every step of the way!***