You are Entitled to

One full dental exam /evaluation within 180 days of discharge.

No co-payments for any combat related injury or illness as well as primary care services for 5 years after discharge from active duty.

Even after the five years you still may be eligible for health care benefits!

Please call Elizabeth Price 781.687.3067
Or Admissions 781.687.2275

To Enroll
Visit the Admissions Office, Building 78
1st floor or call 781.687.2275

Apply on line at www.va.gov
Additional Outpatient Clinics:
Haverhill, Gloucester, Lynn

Hospital Services
Primary Care
Dental Services
Mental Health
Social Work Services
Veterans Business Owners Initiative
Rehab Medicine
Pharmacy
Infectious Disease
Women’s Health
Substance Abuse Treatment
Compensated Work Therapy Program
Veterans Peer Support Program
...and more!

Learn more about Bedford VAMC Services at
www.Bedford.VA.gov/guide

Additional Services
Assistance with navigation through the VA system
Individual counseling services
Returning Veterans Groups which provide a place to get together with other Veterans to discuss concerns/issues about transitioning home
Couples and family counseling
Consultation with psychiatrist
Case Management
OEF OIF OND Peer Support/mentoring
Call Alex R. Whitelaw, CPS
Peer Support Specialist
781.687.2206

Have You Experienced?

Trouble Sleeping
Difficulty Concentration
Irritability or short temper
Difficulty getting along with others

Re-Adjustment to Civilian Life

Re-adjustment from the war zone to civilian life can be challenging. If you have experienced any of the problems listed above or other difficulties with the transition home, you are not alone.

Still Active Duty Military?
Contact Wilfredo Melendez, Bedford/ Boston VA’s OEF OIF OND Transition Patient Advocate for briefing on your benefits and next steps to your VA care.

Wilfredo Melendez
Transition Patient Advocate
617.272.6514

For more information contact:
Elizabeth Price LICSW - 781.687.3067
www.oefoif.va.gov
www.Bedford.va.gov
(Click Returning Service-member button)

If you are in distress and need immediate assistance, call the National Crisis Hotline 1.800.273.TALK (8255)

Vet Center Info
Vet Centers are a separate nationwide division of the Department of Veterans Affairs that assists combat Veterans who are experiencing readjustment problems. Many Veterans experience difficulty in adjusting to civilian life after having served in combat because of unresolved issues related to their war experiences. Vet Centers are community based and provide a broad range of free counseling, outreach and referral services to eligible Veterans and their families.

The closest Vet Center to Bedford VAMC is the Lowell MA Vet Center 978.453.1151.